

AQUUM

LABRIZ, SEYCHELLES

AQUUM INSPIRATION

Healing waters. Nature-rich botanicals. Indigenous traditions.

AQUUM MISSION

To treat each person as an individual.

To provide a place of calm and quiet, one of the few places in the world free from distractions. Where the only focus is you.

To inspire. To nurture. To enhance wellbeing through intuitive touch in the world's most desired locations – leaving Aquum forever soaked in your spirit.

LABRIZ, SEYCHELLES

AQUUM

Spa Treatment Menu

Welcome to a peaceful, tranquil sanctuary. At Aquum, we have created a space to renew your strength and inner sense of wellbeing. Select from the finest botanical treatments for the face and body. Let us care for you, body, mind and spirit.

The essence of the Seychelles sets the tone. Treatments with local ingredients and cutting-edge products, inspired by the lush jungle, iconic boulders, pure sand and turquoise sea. An unforgettable experience in an environment that is both eco-sensitive and exquisite.

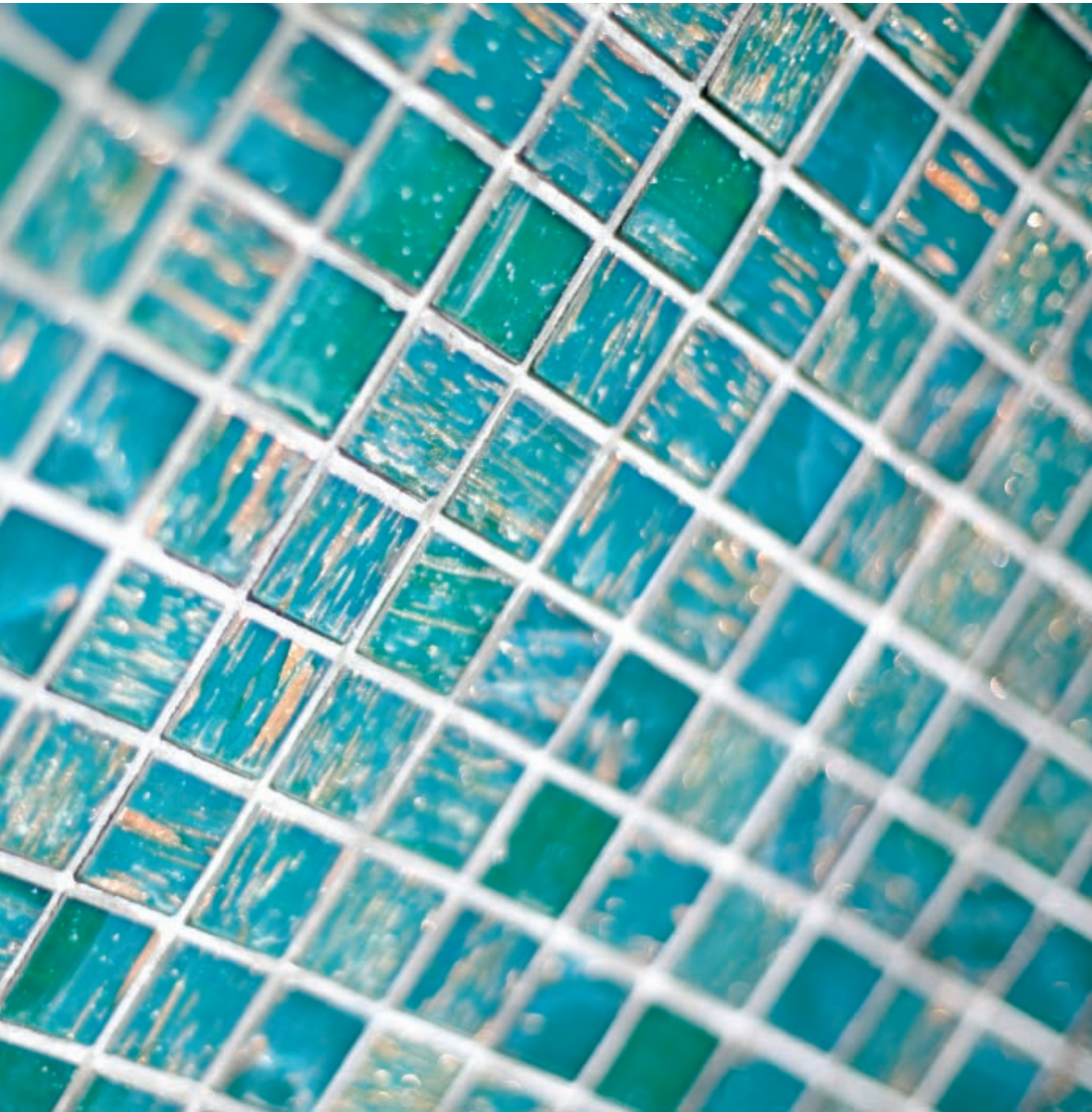
All treatments include a journey through Aquum 'Degrees' heat experiences, spa consultation and signature herbal blended tea.

Individually tailored treatments.

Unique spa rituals.

Unforgettable experiences.

For your unforgettable experience dial - ext 700





SIGNATURE RITUAL

Kreol Inspiration

Kreol inspired body smoothing and conditioning ritual designed with one intention – to lose yourself in the moment. Experience a warm brown sugar and nutmeg polish smoothed over a green coffee and coconut wrap, finished with a creamy, spiced coconut hair mask and intuitive massage.

Warm Brown Sugar and Nutmeg Polish

Green Coffee Coconut Wrap

Spiced Coconut Hair Mask

Jungle Shower

Intuitive Massage

150 minutes

FACE SENSES

Caviar Rejuvenation

This age-defying facial lavishly unites anti-aging performance with absolute luxury. Pure Russian Caviar, Pearl and Escutox™ smooth and soften fine lines and all signs of aging, revealing your youthful radiance.

90 minutes

Designer Lift

These result-driven facials are tailored to correct your specific concerns, using customized, concentrated extracts with revolutionary designer lift-off masks. Décolletage, shoulder and facial massage are tailored to your preference and designed for absolute revitalization. Specialized skin fit option recommended for men.

75 minutes

Dream Eyes

An advanced freeze-dried mask rich in ginkgo biloba and collagen to reduce fine lines, dark circles and puffiness. This treatment visibly firms eye contours, and the cooling sensation of ice therapy lifts and tones to leave your eyes bright and de-stressed.

Perfect with any face or body treatment.

60 minutes

BODY SENSES

Body Massage with your choice of sensory jungle oils.

Aquum Bespoke Balancing traditional herbs and mineralising sands in a warm poultice to relax and detoxify the muscles.

Intuitive Touch Blending global healing massage techniques, pressures, and energy work intuitively for an unforgettable memory.

Therapeutic Designed to ease muscle tension, using advanced therapeutic techniques and deep pressure. Total surrender.

Stones Sensation Heated volcanic stone massage. Stone placements and soothing strokes, with reflexology pressure releases, nurture and balance.

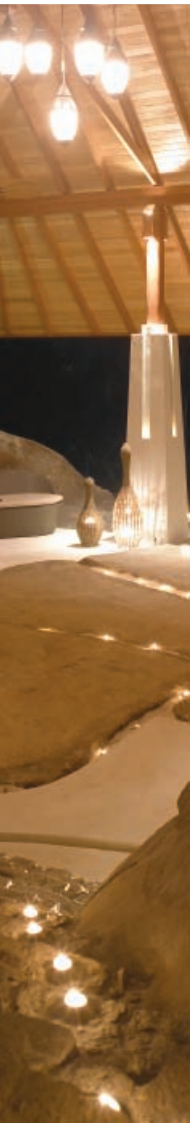
60 minutes or 90 minutes

BODY ELEMENTS

Island Body Brushing

Awaken and stimulate the body through our body brushing massage and vapour therapy. Designed to increase blood and lymphatic circulation, and improve the health and texture of your skin. Nourishing island oils are applied as the finishing touch to this signature experience.

60 minutes



Pure Silk Body Polish

This gentle body buffer uses a creamy blend of rose and chamomile essential oils with gentle jojoba granules to deeply cleanse, purify and hydrate – perfect before your body massage or cocoon.

45 minutes

Aroma Salt Glow

Experience a re-mineralising and refining treatment that combines a blend of aromatic marine mineral salts with pure essential oils. Great anti-stress therapeutic benefits.

45 minutes

Caviar Manicure & Pedicure

Give your neglected hands and feet the full attention and care they deserve. These comprehensive treatments include filing, specific massage techniques, deep exfoliation and powerfully repairing caviar masks to dramatically improve the condition and health of your hands and feet.

Manicure 75 minutes

Pedicure 75 minutes

BODY BARE

Purity: Organic Seaweed Cocoon

From the sea, this complete body experience emerges. Body brushing initiates this ceremony, followed by a deeply detoxifying organic seaweed cocoon. Rich nutrients and trace elements feed the body, firming and strengthening the skin.

75 minutes

Recharge: Aroma Cocoon

Breathe in tranquillity while your body relaxes and stress slips away. Natural herbal essential oils are applied in a warm aromatic treatment, chosen to stimulate your body's own ability to release stress and restore wellbeing.

60 minutes

Soothing: Water Lily Cocoon

This soothing gel wrap is created from white lily. A majestic flower with exceptional skin soothing and calming effects, the white lily also provides deep hydration, making this the perfect after-sun wrap.

60 minutes

SILHOUETTE RITUALS

Completely Caviar

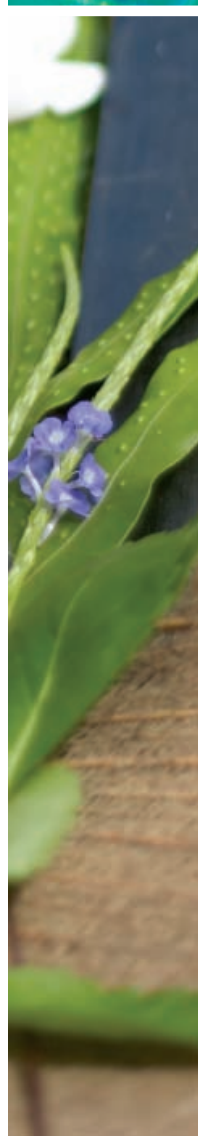
Release your Island God or Goddess with our opulent, world exclusive Caviar Ritual. This is the ultimate in luxury, drenching your skin with pure caviar and pearl. For true luminescence, you are first cleansed in caviar, then renewed with an extravagant full body caviar mask, resulting in sumptuous skin. This is followed by our superior caviar hand and foot treatment, prior to our premier caviar facial. You will experience sublime relaxation, total radiance and shimmer with soul satisfaction.

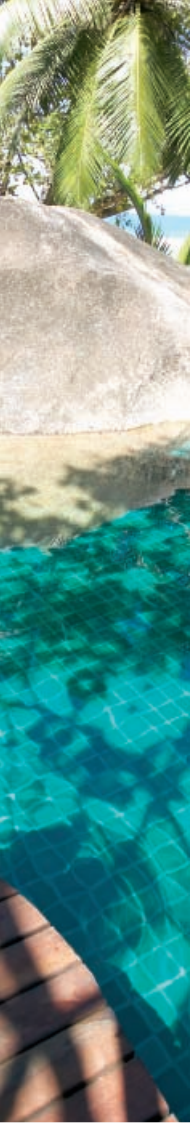
Caviar Body Cleansing and Misting

Caviar Body Mask with Hand and Foot Renewal Ritual

Ultimate Caviar Rejuvenation Facial

180 minutes





Jungle Homme

Dedicated to men. A ritual in reverence of all things masculine. Deeply cleanse and smooth your skin with a tailored body polish before an outside jungle shower experience. Our therapeutic massage and renewing botanical facial enable total escape from daily pressures and stress.

Body Polish
Jungle Shower
Therapeutic Massage
Botanical Facial

150 minutes

Island Immersion

Venture into a world of island peace and harmony. This relaxing ritual begins with a deep cleansing scrub and jungle shower, followed by a tailored massage with re-mineralising seaweed. Then, vitality and wellbeing thus enhanced, submerge leisurely in a mineral salt soak. Absorb true Island equilibrium – perfect for couples or on your own.

Aroma Salt Glow
Jungle Shower
Massage
Mineral Salt and Seaweed Soak

135 minutes

Joie de Vivre

Rebalance the body and relax the mind by blending tailored treatments and indigenous traditions. Whilst delightfully cocooned, your eyes will be refreshed and your scalp will be enriched with a traditional coconut cream hair mask and massage. Complete joie de vivre – joy of life.

Tailored Body Cocoon
Dream Eyes
Indigenous Hair and Scalp Ritual

90 minutes

ENHANCEMENTS

Spa Dining

Complete your spa journey with our spa dining experience which can be arranged to meet your personal tastes and dietary requirements.

Bathing Ritual

Extend your spa vacation in your personal villa. We recommend our indigenous bath products which truly capture the essence of Seychelles.

VIP Suite

For a little more indulgence, book our superior VIP suite. Included is a bottle of Moët and Chandon Champagne (200 ml), an outdoor bath, jungle shower and optional in-spa dining cuisine.

Degrees

This jungle experience includes aromatherapy steam room, sauna, hot tub, outdoor showers and cold pool. Enjoy the heat benefits of 'Degrees' and leave free from stress, detoxified and revitalized.

BESPOKE SPA PACKAGES

*Please contact a member of the spa team
to design your ultimate 3, 5 or 7-day bespoke spa package.*



OCEAN OF CALM



Managed by Per AQUUM

For more information, please contact
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www.aquumspas.com



UNIVERSAL RESORTS

How do I find the spa?

The spa is located on the north side of the resort, past the Ocean View Pavilions and before the Presidential Suite. Enter up the granite steps into our large open-air reception pavilion.

How do I book a spa suite?

When making your reservation, please request a Spa Suite or a Superior Spa Suite and we will reserve additional time for you. Suite guests enjoy additional time to relax and unwind in their private suite after the treatment.

When should I arrive for my treatment?

We recommend that you arrive 30 minutes prior to your treatment time to relax and use our "Degrees" facilities – hot tub, pool, sauna and steam room. Otherwise, please arrive 5 minutes prior to your appointment time. Guests arriving past the time of treatment may have their treatment time reduced; however, full price will be charged.

Should I pre-book my spa appointment?

Our spa enjoys high occupancy throughout the year. Upon arrival, we invite you to have a consultation, so we can advise you on the most suitable treatments for you during your stay. We welcome prior bookings. Treatment menus and appointments can be sent to you via email: labriz@aquumspas.com

How do I choose my treatment?

We offer a menu to suit a variety of needs: relaxation, various health needs, beauty, or general wellbeing, to name just a few popular benefits. Please feel free to visit for a complimentary consultation. Our team will help you decide which treatments will be most beneficial to you.

What if I have special health considerations?

Please notify us if you are pregnant, or if you have any concerns regarding your health or body. We recommend that alcohol not be consumed before, during or immediately after your spa treatments.

What should I wear?

When coming to the spa, please feel free to wear whatever you feel comfortable in. A robe and slippers will be provided for you.

May I bring my valuables?

It is recommended that they are not brought with you, as all jewellery needs to be removed prior to spa treatments. No responsibility will be taken by the spa for any loss of valuables.

What if I need to cancel my treatments?

We understand that sometimes you may need to change your schedule. Because your spa appointments are reserved especially for you, we kindly ask that you give us a minimum of twelve hours notice so someone else may visit us. Appointments cancelled within twelve hours will incur a 50% cancellation fee. Appointments cancelled within 4 hours will incur a 100% cancellation fee.

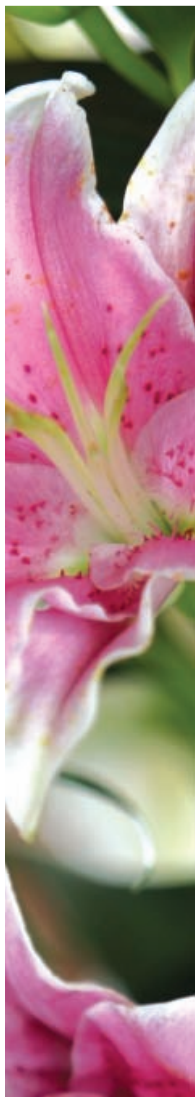
*Packages and vouchers are non-refundable and subject to cancellation policy.
We kindly request that you arrange your treatments well in advance.*

Our spa environment is one of relaxation and harmony. In order to ensure a tranquil atmosphere we kindly request that spa guests refrain from using mobile phones and speak in a gentle voice.



Managed by Per AQUUM

Please contact us on ext 700 to make your spa reservation



SIGNATURE RITUAL

Kreol Inspiration 150 Minutes €295

FACE SENSES

Caviar Rejuvenation 90 Minutes €395
 Designer Lift 75 Minutes €195
 Dream Eyes 60 Minutes € 95

BODY SENSES

Aquum Bespoke 60 Minutes €115
 Aquum Bespoke 90 Minutes €135
 Intuitive Touch 60 Minutes €105
 Intuitive Touch 90 Minutes €120
 Therapeutic 60 Minutes €105
 Therapeutic 90 Minutes €120
 Stones Sensation 60 Minutes €105
 Stones Sensation 90 Minutes €120

BODY ELEMENTS

Island Body Brushing 60 Minutes € 85
 Pure Silk Body Polish 45 Minutes € 85
 Aroma Salt Glow 45 Minutes € 95
 Caviar Manicure 75 Minutes €240
 Caviar Pedicure 75 Minutes €240

BODY BARE

Purity: Organic Seaweed Cocoon 75 Minutes €195
 Recharge: Aroma Cocoon 60 Minutes €110
 Soothing: Water Lily Cocoon 60 Minutes €195

SILHOUETTE RITUALS

Completely Caviar 180 Minutes €550
 Jungle Homme 150 Minutes €165
 Island Immersion 135 Minutes €155
 Joie de Vivre 90 Minutes €325

ENHANCEMENTS

Spa Dining Price available on request
 Bathing Ritual Price available on request
 VIP Suite Price available on request
 Degrees € 30

